

Physical Inactivity (Adults)

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- Most recent data (2013): 16% or about 244,900 King County adults age 18+.
- Trend over time: 2000-13: flat
- Description: Did not participate in any physical activity during the past month

Physical inactivity (adults), King County, 2009-2013 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	17	16	18
AGE			
18-24	12	9	15
25-44	16	14	18
45-64	17	15	18
65+	21	19	23
GENDER			
Male	16	15	18
Female	17	15	18
RACE/ETHNICITY			
AIAN	24	16	36
Asian	18	15	22
Black	23	19	29
Hispanic	27	23	32
Multiple	13	9	18
NHPI	19 §	10 §	33 §
White	15	14	16
HOUSEHOLD INCOME			
<\$15,000	28	23	33
\$15,000 to \$24,999	22	19	25
\$25,000 to \$34,999	20	17	23
\$35,000 to \$49,999	18	16	22
\$50,000 to \$74,999	16	13	19
\$75,000+	11	10	12
REGION			
East	13	12	15
North	13	10	17
Seattle	14	12	15
South	22	20	24

Comparisons:

- Higher than King County rate (yellow)
- Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 01/2015.

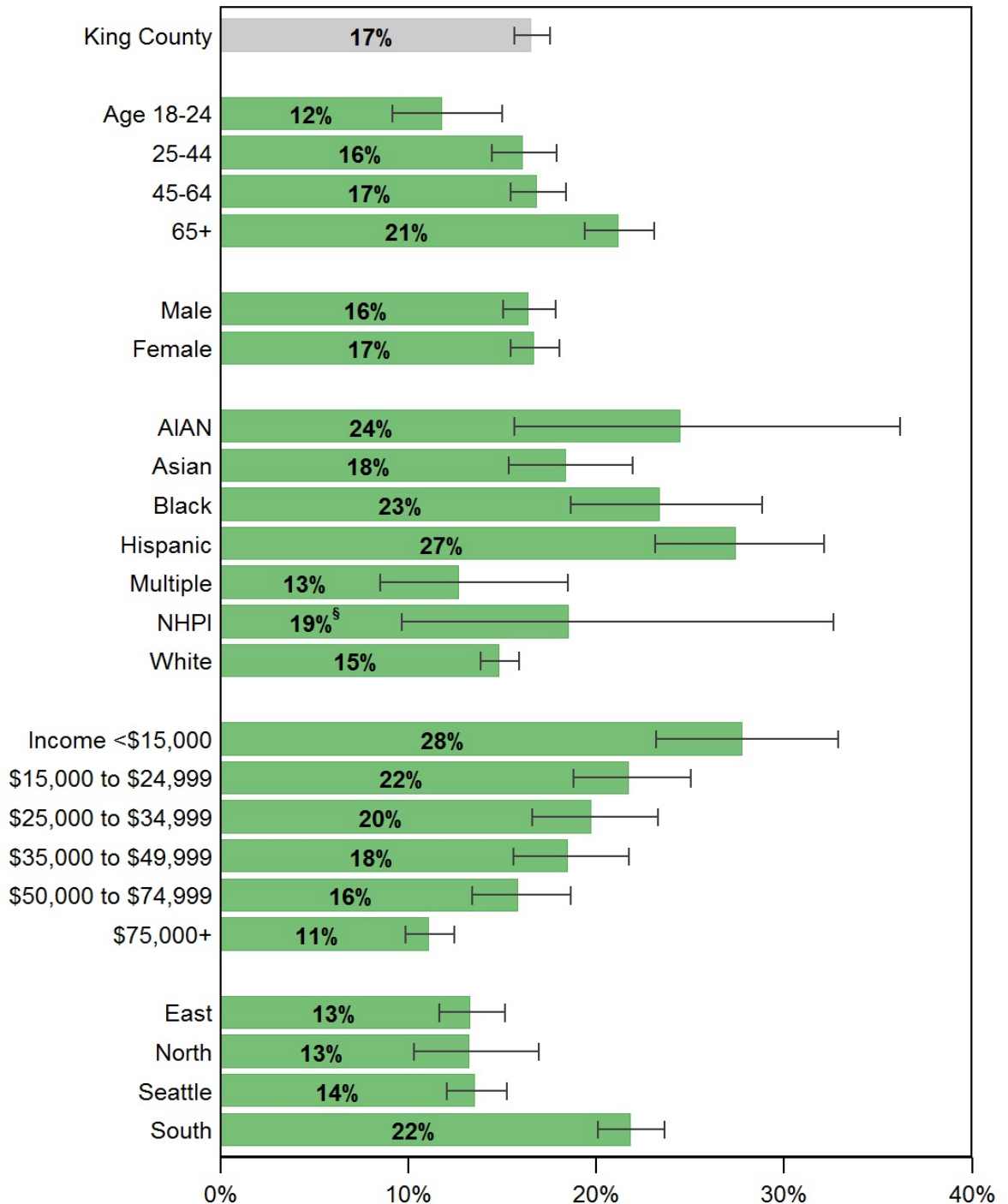
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Physical inactivity (adults) King County, 2009-2013 average



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-----| Confidence interval shows range that includes true value 95% of the time.

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Physical inactivity (adults) by comparison areas

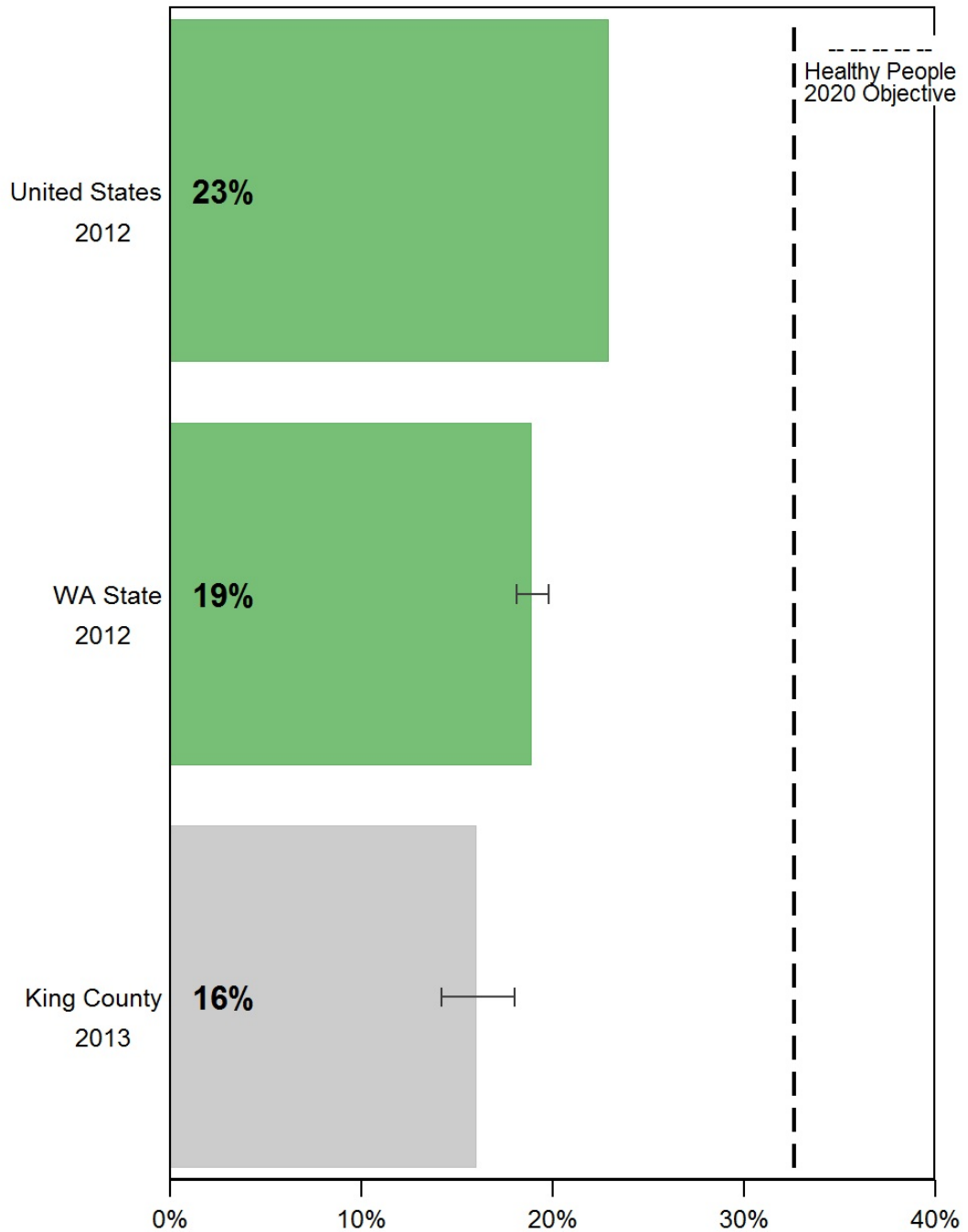
The Healthy People 2020 Objective for physical inactivity (adults) is 33%.

	Latest Available Year	Percent	Lower CI	Upper CI
United States	2012	23	N/A	N/A
WA State	2012	19	18	20
King County	2013	16	14	18

Notes:

Source: Behavioral Risk Factor Surveillance System.
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N/A: Not available.
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Physical inactivity (adults) by comparison areas



Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 01/2015.
|-----| Confidence interval shows range that includes true value 95% of the time.

Physical inactivity (adults) by health reporting areas, King County, 2009-2013 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	17	16	18
Auburn	19	15	24
..Auburn-North	18	13	25
..Auburn-South	21	14	29
Bear Creek/Carnation/Duvall	10	8	14
Bellevue	18	15	22
..Bellevue-Central	17	12	24
..Bellevue-NE	23	16	31
..Bellevue-South	13	7	21
..Bellevue-West	20	12	30
Black Diamond/Enumclaw/SE County	23	17	29
Bothell/Woodinville	10	7	16
Burien	28	21	35
Covington/Maple Valley	20	14	28
Des Moines/Normandy Park	23	16	31
East Federal Way	19	13	28
Fairwood	26	16	39
Federal Way	21	16	26
..Fed Way-Central/Military Rd	19	13	26
..Fed Way-Dash Point/Woodmont	24	17	33
Issaquah	13 §	6 §	24 §
Kenmore/LFP	15	9	23
Kent	20	16	25
..Kent-East	18	12	28
..Kent-SE	21	16	28
..Kent-West	19	11	31
Kirkland	13	10	18
..Kirkland	13	8	19
..Kirkland North	14	9	20
Mercer Isle/Pt Cities	7 §	4 §	12 §
Newcastle/Four Creeks	15	8	24
North Highline	26	15	42
Redmond	14	8	21
Renton	19	15	23
..Renton-East	20	14	29
..Renton-North	14	9	22
..Renton-South	21	16	28
Sammamish	9	6	12
SeaTac/Tukwila	28	21	37
Seattle	14	12	15
..Ballard	13	8	19
..Beacon/Gtown/S.Park	26	18	37
..Capitol Hill/E.lake	15	9	22
..Central Seattle	13	8	19
..Delridge	21	14	30
..Downtown	16	10	24
..Fremont/Greenlake	7	4	10
..NE Seattle	7 §	4 §	13 §
..North Seattle	14	10	20
..NW Seattle	12	8	18
..QA/Magnolia	7	4	12
..SE Seattle	29	21	39
..West Seattle	11	7	15
Shoreline	11	8	15
Snoqualmie/North Bend/Skykomish	14	8	22
Vashon Island	18 §	8 §	35 §

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Notes:

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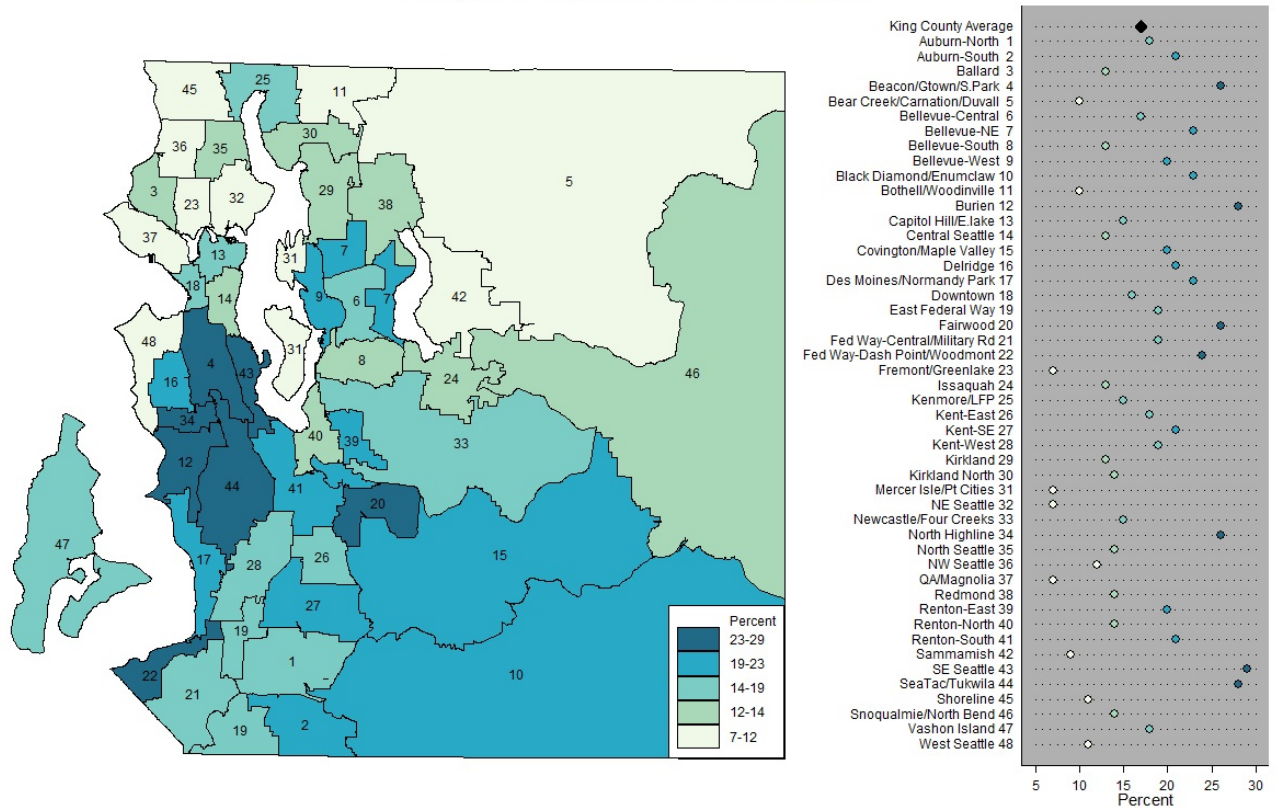
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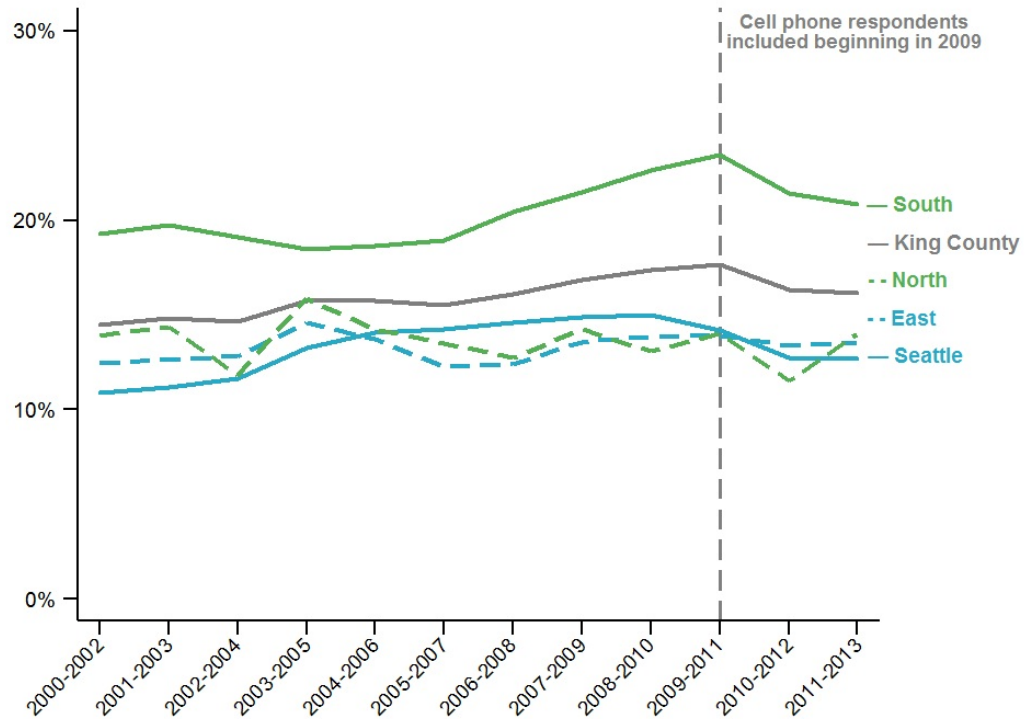
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Physical inactivity (adults) by health reporting areas King County, 2009-2013 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 01/2015.

Physical inactivity (adults) King County, 2000-2013, three-year rolling averages



Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 01/2015.

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King County
Hospitals
for a **Healthier**
Community